



# Central Fulton School District Breakfast Menu

## January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1/3/22</b>	<b>1/4/22</b>	<b>1/5/22</b>	<b>1/6/22</b>	<b>1/7/22</b>
Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Muffins Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Hot Oatmeal <b>OR</b> Cereal Bars w/ Goldfish Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk
<b>1/10/22</b>	<b>1/11/22</b>	<b>1/12/22</b>	<b>1/13/22</b>	<b>1/14/22</b>
Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted French Toast w/ Syrup Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Soft Pretzel w/ Cheesestick Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	<b>ACT 80 NO SCHOOL</b>
<b>1/17/22</b>	<b>1/18/22</b>	<b>1/19/22</b>	<b>1/20/22</b>	<b>1/21/22</b>
Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Egg & Cheese Bagel Sandwich Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Raspberry or Apple Churros Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Hot Oatmeal <b>OR</b> Assorted Cereal w/ Goldfish Assorted Juice Choice Assorted Fruit Choice Choice of Milk
<b>1/24/22</b>	<b>1/25/22</b>	<b>1/26/22</b>	<b>1/27/22</b>	<b>1/28/22</b>
Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Poptarts w/ goldfish crackers Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Donuts Assorted Juice Choice Assorted Fruit Choice Choice of Milk	Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk	<b>Nat'l Blueberry Pancake Day!!</b> Assorted Juice Choice Assorted Fruit Choice Choice of Milk
<b>1/31/22</b>				
Assorted Cereal/Cereal Bars Assorted Juice Choice Assorted Fruit Choice Choice of Milk		<b>JANUARY is "Nat'l OATMEAL Month"</b>		

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.  
**Choice of:**  
**Grain or grain protein**  
**Fruit**  
 (must take at least a 1/2 cup)  
**Milk**  
 (1% white or chocolate)

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Menus Subject to change due to product availability!!

USDA is an equal opportunity provider and employer.

**Student Paid Breakfast \$0.00    Student Reduced Breakfast \$0.00    Adult Breakfast \$2.10**